

Month-by-Month Buying Guide *{when to find the best prices on a variety of items}*

| January | February | March | April |
|--|---|--|--|
| <ul style="list-style-type: none"> - Wrapping paper, cards, and decorations on clearance after Christmas - Fitness equipment (e.g., treadmills, free weights, athletic shoes) - Cold and flu medications - Vitamins - Bedding and linens - Swimwear - Toys - TVs - Winter clothing - "Diet" foods (e.g., low-fat snacks, granola bars, yogurt) - Game day foods (e.g., chips, crackers, cheese, soda pop) | <ul style="list-style-type: none"> - Candy, chocolate, and cards on clearance after Valentine's Day - Fitness equipment (e.g., treadmills, free weights, athletic shoes) - Humidifiers - Indoor furniture - Canned foods - Foods to celebrate Chinese New Year (e.g., soy sauce, noodles) - Seasonal produce* | <ul style="list-style-type: none"> - Green clothing, foods, and decorations on clearance after St. Patrick's Day - Digital cameras - Humidifiers - Small consumer electronics (e.g., MP3 players, DVD and Blu-ray players) - TVs - Winter sports gear - Cleaning supplies - Frozen foods - Seasonal produce† | <ul style="list-style-type: none"> - Candy, baskets, and spring decorations on clearance after Easter - Computers - Digital cameras - Lawn mowers - Spring clothing - "Green" products (e.g., reusable grocery sacks, energy-efficient light bulbs) - Baking supplies - Seasonal produce‡ |
| May | June | July | August |
| <ul style="list-style-type: none"> - Chocolate, flowers, and craft items on clearance after Mother's Day - Athletic apparel and shoes - Camping and outdoor gear - Carpeting - Lawn mowers - Small consumer electronics - Foods to celebrate Cinco de Mayo (e.g., tortillas, meats, spices) - Foods for summer picnics and barbecues (e.g., meats, chips, dips, soda pop, condiments) - Seasonal produce† | <ul style="list-style-type: none"> - Ties, t-shirts, tools, and aftershaves on clearance after Father's Day - Camcorders - Carpeting - Computers - Indoor furniture - Small consumer electronics - Summer sports gear - Swimwear - Dairy products - Foods to celebrate Independence Day (e.g., meats, chips, dips, soda pop, condiments) - Seasonal produce§ | <ul style="list-style-type: none"> - Disposable dishes, tablecloths, and patriotic decorations on clearance after Independence Day - Camcorders - Indoor furniture - Outdoor furniture - Swimwear - Ice cream - Foods to celebrate Independence Day (e.g., meats, chips, dips, soda pop, condiments) - Seasonal produce§ | <ul style="list-style-type: none"> - Swimsuits, sunscreens, insect repellants, flip-flops, and camping gear on clearance from summer - Air conditioners - Backpacks and school supplies - Facial tissues - Hand sanitizer - Dehumidifiers - Outdoor furniture - Snow blowers - Foods for packing lunches (e.g., juice boxes, sliced cheese) |
| September | October | November | December |
| <ul style="list-style-type: none"> - Swimsuits, sunscreens, insect repellants, flip-flops, and camping gear on clearance from summer - Backpacks and school supplies - Bikes - Digital cameras - Gas grills - Lawn mowers - Shrubs, trees, and perennials - Small consumer electronics - Snow blowers - Seasonal produce# | <ul style="list-style-type: none"> - Bikes - Computers - Digital cameras - Gas grills - Lawn mowers - Winter coats - Baking supplies - Seasonal produce# | <ul style="list-style-type: none"> - Candy, costumes, and decorations on clearance from Halloween - Baby products - Bikes - Camcorders - Gas grills - GPS navigators - Toys - TVs - Foods to celebrate Thanksgiving (e.g., turkeys, baking supplies, broths, yams) - Seasonal produce# | <ul style="list-style-type: none"> - Wrapping paper, cards, and decorations on clearance after Christmas - Bikes - Camcorders - Gas grills - GPS navigators - Home appliances, large and small - Small consumer electronics - Toys - TVs - Foods to celebrate Christmas (e.g., hams, potatoes, baking supplies) - Seasonal produce* |

Note. Numerous fruits and vegetables are in season throughout the year (e.g., apples, avocados, bananas, bell peppers, back-eyed peas, bok choy, cabbage, carrots, celery, cherry tomatoes, coconut, lemons, lettuce, mushrooms, olives, onions, potatoes, rutabagas, snow peas, wasabi, and yucca).

*Fruits and vegetables in season during the *winter* include Brussels sprouts, clementines, collard greens, dates, grapefruit, kale, kiwi, leeks, mandarin oranges, oranges, passion fruit, pears, persimmons, pomelo, red currants, sweet potatoes, tangerines, and turnips.

†Fruits and vegetables in season during the *spring* include apricots, artichokes, asparagus, broccoli, collard greens, corn, fava beans, fennel, green beans, honeydew, jackfruit, limes, lychees, mangoes, morel mushrooms, mustard greens, oranges, peas, pineapples, rhubarb, snow peas, spinach, strawberries, Swiss chard, and watercress.

§Fruits and vegetables in season during the *summer* include Anaheim peppers, apricots, Armenian cucumbers, Asian pears, cherries, beets, bell peppers, blackberries, blueberries, boysenberries, cantaloupe, casaba melons, corn, cucumbers, eggplants, elderberries, figs, garlic, grapefruits, grapes, green beans, hearts of palm, honeydew, jackfruit, jalapenos, key limes, lima beans, lychees, nectarines, okra, passion fruit, peaches, peas, plums, radishes, raspberries, strawberries, summer squash, tomatoes, watermelons, and zucchini.

#Fruits and vegetables in season during the *fall* include acorn squash, cherries, broccoli, Brussels sprouts, butternut squash, cauliflower, cranberries, garlic, ginger, grapes, guavas, hearts of palm, huckleberries, jalapenos, kohlrabi, kumquats, passion fruit, pears, persimmons, pineapples, pomegranates, pumpkin, quince, sweet potatoes, Swiss chard, and turnips.

Sources: Consumer Reports (<http://www.consumerreports.org>), Wise Bread (<http://www.wisebread.com>), and Fruits & Veggies More Matters (<http://www.fruitsandveggiesmorematters.org>).